



intenza
CARDIO LINEUP



DISCOVER INTENZA

INTENZAFTNESS.COM

intenza

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The Premium Fitness Solution Provider.

For over a decade, Intenza has been a leader in fitness innovation, gaining global recognition through our award—winning cardio machines, including the Escalate Stairclimber.

Our legacy of excellence has attracted industry titans from Gymshark to Equinox, who trust us to elevate their facilities with uncompromising quality and design.

OUR PROMISE

At Intenza, we craft more than just equipment—we create experiences that inspire. Every machine is engineered not only to withstand the test of time but to provide the ultimate training experience.

Our mission remains unwavering—To empower industry leaders to create extraordinary facilities.

GLOBAL EXCELLENCE, LOCAL PRESENCE

With an expansive network of 80+ distributors spanning 75 countries, we deliver world—class fitness solutions directly to your facility.

Our dedicated team of experts has empowered more than 4,500 facilities worldwide, transforming spaces into unique fitness destinations.

Discover your Intenza and start creating a world—class fitness experience for your members.

Team Intenza
INSPIRING FITNESS—ONE WORKOUT AT A TIME.

AWARDS



reddot design award



TAIWAN
EXCELLENCE 2018

PLUS X AWARD®



PARTNERS

KIMPTON

GYMSHARK

COTTON:ON

SATS

Duke
UNIVERSITY



OXYGEN
THE MUSCLE FACTORY



ACE HOTEL

JW MARRIOTT

EQUINOX

Microsoft

Your Wellness. Our Future.

100%

Renewable Energy Used to Power
Operations

50%

Facility Consists of Green Space

14,000M²

Manufacturing Line Crafted from
Sustainable Materials

50%

Annual Excess Power
Generated from Solar Panels

52%

Total Water Used is Recycled

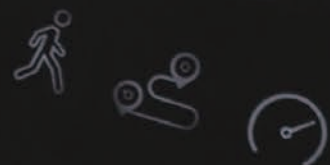
We believe in fostering a healthy future for your clients and the environment. As a pioneer in sustainability within the industry, we operate our manufacturing facilities on 100% renewable energy.

Our eco—conscious approach to manufacturing reduces our shared environmental impact and ensures that your facility is rooted in responsibility.



SELECT PROG

← MET



INACCURATE.
INJURY OR DEATH.
IMMEDIATELY
USE.
VERURSACHEN.

AVERTISSEMENT!

LE SYSTÈME DE MESURE DE LA FRÉQUENCE CARDIAQUE
PEUT MANQUER DE PRÉCISION. L'EXCÈS D'ACTIVITÉ
PEUT RISQUER DE D'ABOUTIR À DE GRAVES DOMMAGES
OU CAUSER LA MORT. EN CAS DE SENSATION DE
INTERROMPEZ IMMÉDIATEMENT VOTRE ENTRAÎNEMENT.

POWERED BY **POLAR**

STOP

QUICK START



intensa



WARNING!

HEART RATE MONITORING SYSTEMS MAY BE INACCURATE. OVER EXERCISE MAY RESULT IN SERIOUS INJURY OR DEATH.
IF YOU FEEL FAINT STOP EXERCISING IMMEDIATELY

AVERTISSEMENT!

WARNUNG!

HERZFREQUENZÜBERWACHUNG KANN UNGENAU SEIN.
ÜBERANSTRENGUNG KANN SCHADEN ODER TÖD VERURSACHEN.
BEI SCHMERZGEFÜHL ODER UNWOHL SOFORT DAS TRAINING UNTERBRECHEN

BACK | HOLD 🔒



QUICK START

InCare™ — Peak Performance, Maximized Uptime.

Intenza's proactive maintenance is designed to keep your premium equipment running smoothly. InCare™ maximizes lifespan and minimizes downtime by automating maintenance processes and streamlining operations.

ASSET TRACKING & DIAGNOSIS

iTest™ software tracks equipment usage, performance, and condition, diagnosing issues before service is needed.

AUTOMATED PROCESS

Diagnostic reports are generated automatically and sent to the intenza service team, enabling our experts to provide timely solutions.

iREMOTE SUPPORT (e2+ ONLY)

iRemote assist allows our team to control equipment remotely to resolve issues and minimize on—site visits.



Stream It. Work It.

Intenzacast™ elevates your workout sessions by seamlessly streaming your favorite content directly to the e2+ console from any iOS or Android device. Keep motivated and stay entertained.



Uni—Dial™— One Button. Full Control.

Simplicity meets advanced functionality with the i2 and i2S Consoles. Uni—Dial™ puts you in complete control, allowing you to navigate workout options with a simple twist.



450 SERIES

i2S CONSOLE

FOCUSED
TRAINING

Designed for serious training. The minimalistic 12” LED display offers dynamic, uncompromising functionality. A perfect match for facilities that value both aesthetics and efficiency.



450 SERIES

i2 CONSOLE

INTERACTIVE
FUNCTIONALITY

A fusion of functionality and aesthetic appeal, powered by its 12” LCD, offers clean easy—to—read User Interface . It’s the ideal choice for facilities that value both design and performance.



550 SERIES

e2+ CONSOLE

IMMERSIVE
ENTERTAINMENT

The ultimate personalized workout experience. The 19” Touchscreen offers seamless, engaging sessions, keeping users engaged and motivated.



FEATURES

MODEL	450 i2S	450 i2	550 e2+
DISPLAY TYPE	LED WHITE LIGHT	12" LCD WITHOUT TOUCHSCREEN	19" TFT TOUCHSCREEN
LANGUAGE	7	23	21
UNI—DIAL™	•	•	
HEART RATE MONITORING		•	•
POWER SAVING SYSTEM	•	•	•
EGYM LOGIN			•
INTENZACAST™			•
VIRTUAL SCENERY			•
BUILT—IN TV SYSTEM			•
CONNECTIVITY			
WI—FI		• INCARE™ ONLY	•
USB		•	•
HDMI			•
ETHERNET			•
C—SAFE	•	•	•
RFID/NFC			•
3.5MM HEADPHONE JACK			•
BLUETOOTH HEADSET			•



PROGRAMS

MODEL	450 i2S	450 i2	550 e2+
QUICK START	•	•	•
PRESET/ADVANCED	•	•	•
TARGET	•	•	•
FITNESS TEST	•	•	•
HR CONTROL		•	•
RACE		•	•
CUSTOM PROGRAM			•
ESCALATE LANDMARK		•	•
TOTAL PROGRAMS	15—17	22—34	22—34
CUSTOM SETTING VIA USB		•	•
WORKOUT DATA DOWNLOAD VIA USB		•	•
APP INTEGRATION*			•

* Fitness, Video / Music Streaming APP integration available by demand

SERVICE

INCARE™ ONLINE	•	•
SOFTWARE UPDATE	• WI—FI / USB	• WI—FI / USB
i—REMOTE VIA WI—FI	•	•
ERROR MESSAGE HISTORY	• WI—FI	• WI—FI



The Only Stair Climber Made For Every Body.



reddot design award

Escalate Stairclimber is ideal for active aging, HIIT training, and low—impact rehab sessions, featuring 20 adjustable step heights between 10.4 to 19.5cm (4—7.7").

This unique training versatility enables the targeting of different muscle groups, setting them apart from traditional fixed—step height stair climbers.

SCAN FOR
MORE
DETAILS



SMART STEP HEIGHT™

Tailor step height to accommodate your unique body structure and mobility for optimal biomechanics and safe muscle activation.

MAXIMUM SAFETY

4 safety mechanisms to ensure workout safety: Infrared safety stop, Safety Key, Console stop button, and Emergency stop button.

TRAINING VERSATILITY

Incline training targets the glutes, hamstrings, and calves, while decline training emphasizes the quadriceps.



LANDMARK WORKOUTS

Elevate your workout to new heights by climbing 32 iconic landmark buildings from all over the world. Landmark program is designed specifically for the Escalate to simulate tower running, or vertical marathon, providing a fresh workout option for exercisers of all fitness levels.

- ALLIANZ TOWER

BURJ KHALIFA

CN TOWER

DC TOWER 1

EIFFEL TOWER

EMPIRE STATE BUILDING

ICC

JUMEIRAH EMIRATES TOWERS

KL TOWER

KUWAIT TOWER

LANDMARK 81
- LOTTE WORLD TOWER

ONE WORLD TRADE CENTRE

OSTANKINO TOWER

PETRONAS TOWERS

Q1 TOWER

SHANGHAI TOWER

STRATOSPHERE TOWER

SWISSOTEL

SYDNEY TOWER

TAIPEI 101

TANGJONG PAGAR CENTRE
- THE SHARD

THYSSENKRUP TEST TOWER

TOKYO SKYTREE

TORRE DE CRISTAL

TOWER 42

TURNING TORSO

UFO TOWER

UPDATED WORLD FINANCIAL CENTRE

WILLIS TOWER

WORLD FINANCIAL CENTRE



ESCALATE	450 Ci2S	450 Ci2	550 Ce2+
FOOTPRINT (L x W x H) (20 Degree)	193 x 86 x 213 cm 76 x 34 x 84 in	193 x 86 x 213 cm 76 x 34 x 84 in	193 x 86 x 213 cm 76 x 34 x 84 in
SHIPPING GROSS WEIGHT	412 kg / 908 lbs	414 kg / 921 lbs	426 kg / 939 lbs
CONSOLE	i2S	i2	e2+
LANGUAGE	7	23	21
WORKOUT OPTIONS	4	7	7
SAFETY SENSOR	•	•	•
INCLINE	20—40 degrees	20—40 degrees	20—40 degrees
LANDMARK PROGRAM		•	•

Beautifully Engineered For The Finest Running Experience.

Fusing stunning design with superior performance, Intenza treadmills provide unmatched stability and durability. Elevate your cardio space and inspire users to achieve their fitness goals.

SCAN FOR
MORE
DETAILS



ULTIMATE STABILITY

Heavy duty construction ensures exerciser's safety and comfort during high—intensity workouts.

FULL SPEED, FULL CONTROL

Adjust speed and intensity effortlessly while running with the oversized joystick and hot keys.

BUILT TO LAST

Durability tested for more than 4000+ hours. Robust drive system delivers a smooth and powerful force on a solid frame designed for rigorous commercial use.



HIIT Treadmill

Accelerates and decelerates from 0 to 25 km/h (15.5 mph) in 21 seconds, the 450 series Ti2H Treadmill was born out of meeting the ever growing needs of HIIT enthusiasts.

Perfect for boutique studio group training, the intuitive Uni—Dial™ navigation and minimalistic display allows exercisers to stay focused and fully immersed in the training for a more enjoyable experience.



TREADMILLS	450 Ti2S		450 Ti2		450 Ti2H		550 Te2+	
FOOTPRINT (L x W x H)	215 x 96 x 154 cm 84 x 38 x 60 in		215 x 96 x 154 cm 84 x 38 x 60 in		215 x 96 x 154 cm 84 x 38 x 60 in		215 x 96 x 154 cm 84 x 38 x 60 in	
SHIPPING GROSS WEIGHT	288 kg / 635 lbs		290 kg / 639 lbs		288 kg / 635 lbs		295 kg / 650 lbs	
CONSOLE	i2S		i2		i2S		e2+	
LANGUAGE	7		23		7		21	
WORKOUT OPTIONS	5		6		5		7	
SMART ENERGY SYSTEM	•		•		•		•	
INCLINE	110V*	230V	110V	230V	—	230V*	110V	230V
	0—15%	0—15%	0—15%	0—15%	—	0—15%	0—15%	0—15%

* Ti2S 110V : Only Available in the US & LATAM
* Ti2H 230V : Not Available in the US

Designed To Move The Way You Do.

Providing a smooth and low—impact full body workout, the Elliptical Trainer mimics the natural rhythm of running, offering stability and fluidity in every stride.

WIDEST RANGE OF MOVEMENT

The adjustable ramp (13—40 degrees) allows for precise targeting of Specific muscles. Higher inclines activate the hamstrings and glutes, while lower inclines engage the quadriceps.

40 LEVELS OF RESISTANCE

Accommodates diverse fitness levels and enables a broad range of workout options.





ELLIPTICAL	450 ETi2S	450 ETi2	550 ETe2+
FOOTPRINT (L x W x H)	209 x 84 x 172 cm 83 x 33 x 66 in	209 x 84 x 172 cm 83 x 33 x 66 in	209 x 84 x 172 cm 83 x 33 x 66 in
SHIPPING GROSS WEIGHT	242 kg / 534 lbs	251 kg / 553 lbs	250 kg / 551 lbs
CONSOLE	i2S	i2	e2+
LANGUAGE	7	7	21
WORKOUT OPTIONS	5	5	7
SMART ENERGY SYSTEM	•	•	•
INCLINE LEVEL	16	16	16
INCLINE ANGLE	13—40°	13—40°	13—40°





Find Your Perfect Ride—Upright, Cruising, Or Road.

Engineered for the modern cyclist, the Upright Bike boasts advanced ergonomics for a natural riding position.

Experience a smooth, quiet ride with adjustable resistance to personalize your workout, from leisurely cruises to challenging climbs.

INSTANT ADJUSTMENT

Easily adjust the resistance level during workouts with controls at your fingertips.

40 LEVELS OF RESISTANCE

Accommodates diverse fitness levels and enables a broad range of workout options.

COMFORTFIT™

Oversized high density foam seat, ergonomic handlebar and micro seat adjustments provide the support and comfort you need to go the distance.



UPRIGHT BIKES	450 UB2S	450 UB2	550 UB2+
FOOTPRINT (L x W x H)	123 x 67 x 146 cm 48 x 26 x 57 in	122 x 67 x 146 cm 48 x 26 x 57 in	122 x 67 x 146 cm 48 x 26 x 57 in
SHIPPING GROSS WEIGHT	85 kg / 187 lbs	83 kg / 182 lbs	88 kg / 194 lbs
CONSOLE	i2S	i2	e2+
LANGUAGE	7	23	21
WORKOUT OPTIONS	4	7	8
RESISTANCE	40	40	40
SAFETY ENERGY SYSTEM	•	•	•



Ergonomic Precision For Supportive Comfort.

Designed with ergonomic precision, the Recumbent Bike supports your body's natural alignment for a seamless, low—impact workout. Enjoy a smooth and comfortable ride.

SCAN FOR
MORE
DETAILS



COMFORTFIT™

Breathable lumbar support backrest and ergonomic seat provide optimal weight distribution and support. Find the perfect position with half—inch micro seat adjustments for a comfortable workout.

SAFE AND ACCESSIBLE

Easy on and off with Low cross over design. Effortlessly adjust the resistance level during workouts with controls at your fingertips.

40 LEVELS OF RESISTANCE

Accommodates diverse fitness levels and enables a broad range of workout options.



RECUMBENT BIKES	450 RBi2S	450 RBi2	550 RBe2+
FOOTPRINT (L x W)	160 x 70 x 124 cm 63 x 28 x 49 in	160 x 70 x 124 cm 63 x 28 x 49 in	160 x 71x 124 cm 63 x 28 x 49 in
SHIPPING GROSS WEIGHT	109 kg / 239 lbs	112 kg / 247 lbs	119 kg / 262 lbs
CONSOLE	i2S	i2	e2+
LANGUAGE	7	23	21
WORKOUT OPTIONS	4	7	8
RESISTANCE	40	40	40

Feel The Road. Elevate The Ride.

Bring the pulse of road cycling into every class with the Intenza GC Bike. Designed for high—intensity studio environments, it delivers tactile, responsive feedback that keeps riders engaged and instructors in control—ensuring every session feels unified, powerful, and unstoppable.

PERFORMANCE FEEDBACK

Color Cue™ system enhances group workouts by providing real time color—coded performance feedback, enabling precise training and engaging class experiences.

PRECISION AT YOUR FINGERTIPS

The haptic resistance control knob allows for precise adjustments on the fly, keeping you focused and in the zone.

COMFORT FIT™

The GC Bike accommodates all body types with fully adjustable seating and handlebars, creating a comfortable, tailored cycling experience for every user.





GC SERIES	550 GC	550 GC3
FOOTPRINT (L x W)	130 x 58 cm / 51 x 23 in	130 x 58 cm / 51 x 23 in
SHIPPING GROSS WEIGHT	71,5 kg / 158 lbs	73,5 kg / 162 lbs
DRIVE SYSTEM	2 BELT	2 BELT
RESISTANCE SYSTEM	MAGNETIC	MAGNETIC
RESISTANCE LEVEL	40	40
Q—FACTOR	162 mm	162 mm
SMART POWER MANAGEMENT	—	PEDAL OR PRESS ANY KEY
CONSOLE DISPLAY	—	RPM AVG/MAX
	—	WATT AVG / MAX
	—	SPEED AVG / MAX
	—	TIME
	—	LEVEL (RESISTANCE)
	—	CALORIES
	—	DISTANCE
	—	HR AVG (HR STRAP REQUIRED)
	—	COLOR CUE™ INTENSITY GUIDE (WATT / HR)

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